

# YOU ARE LOVED

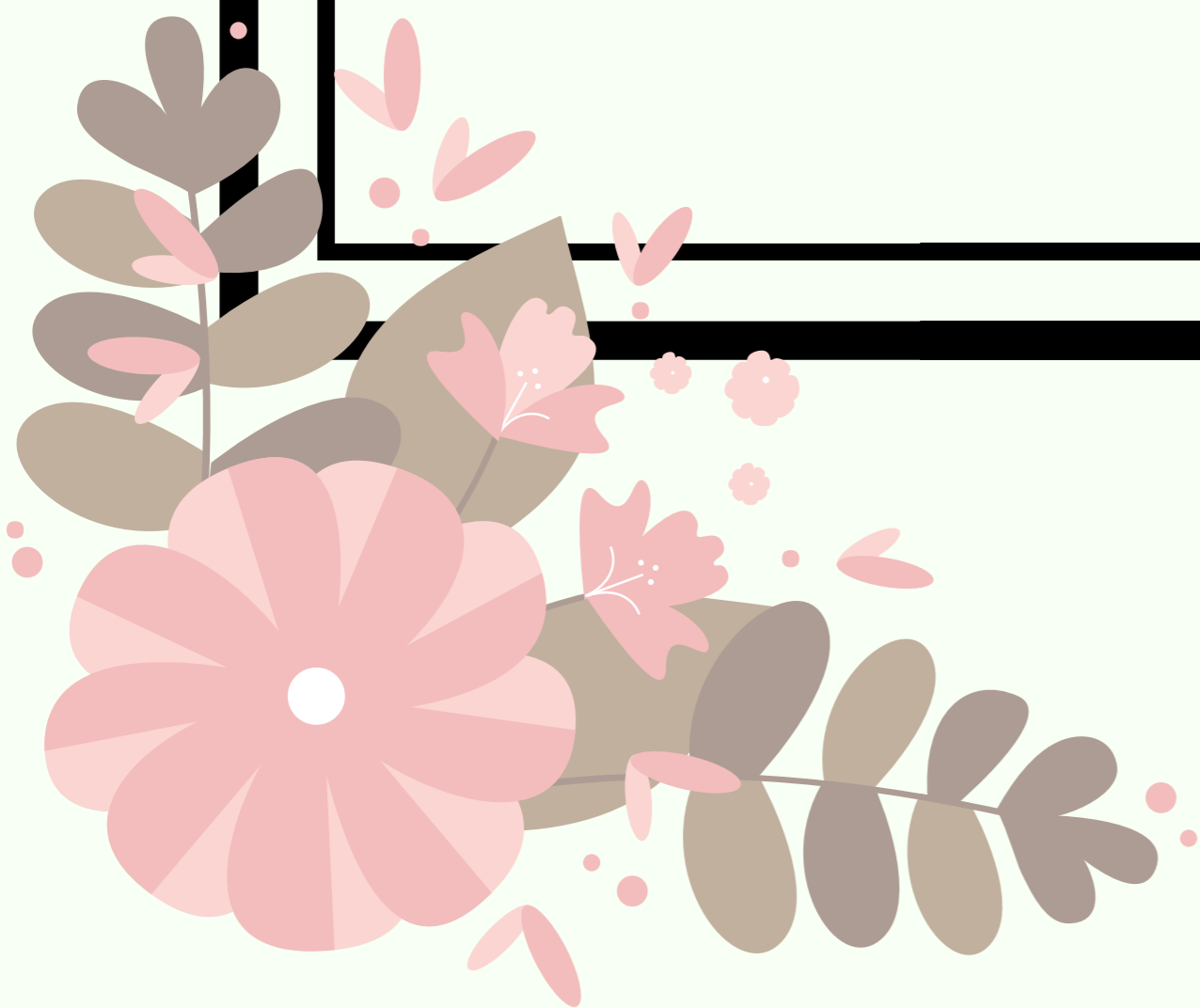
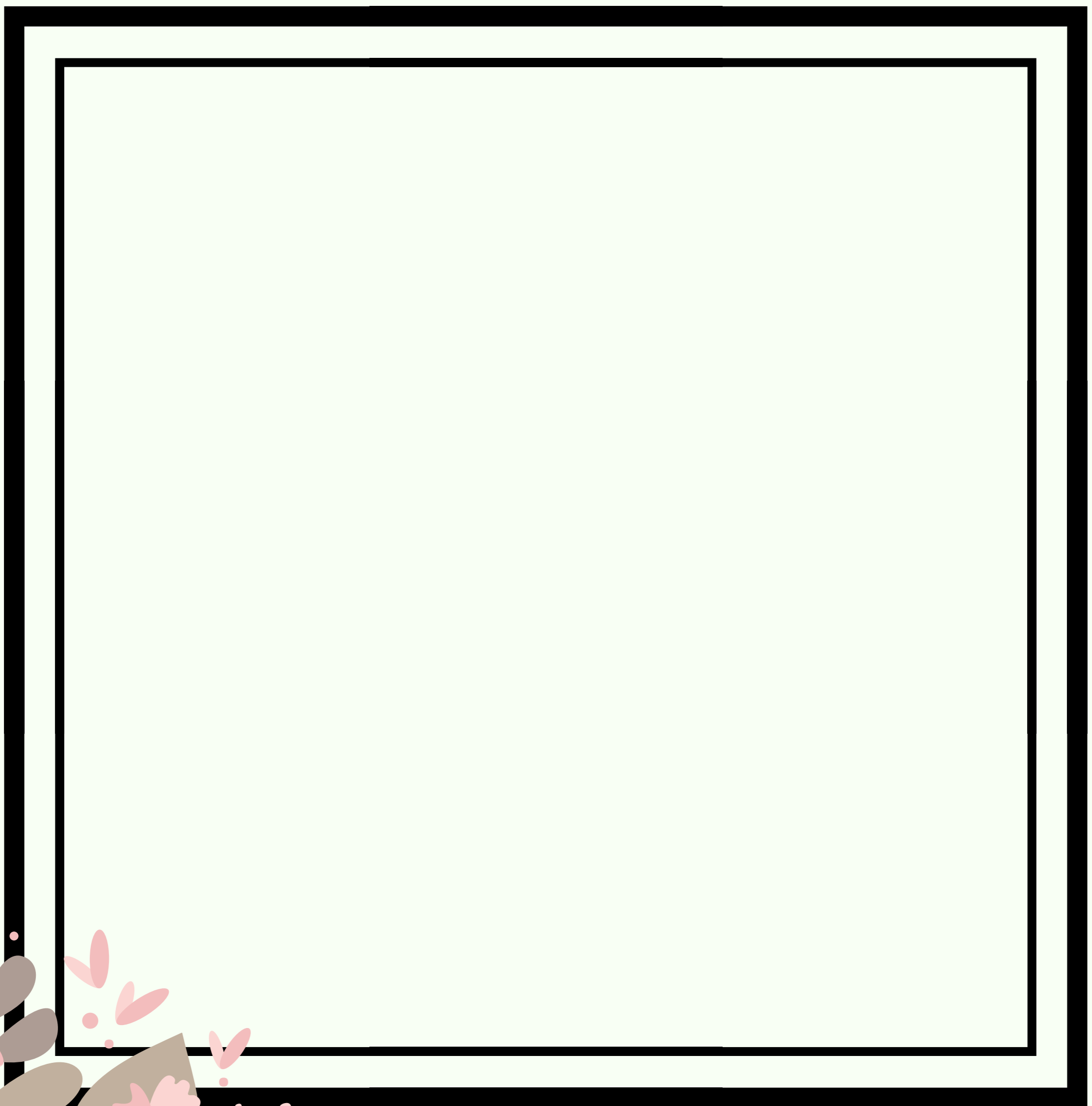
Mother Daughter Journal



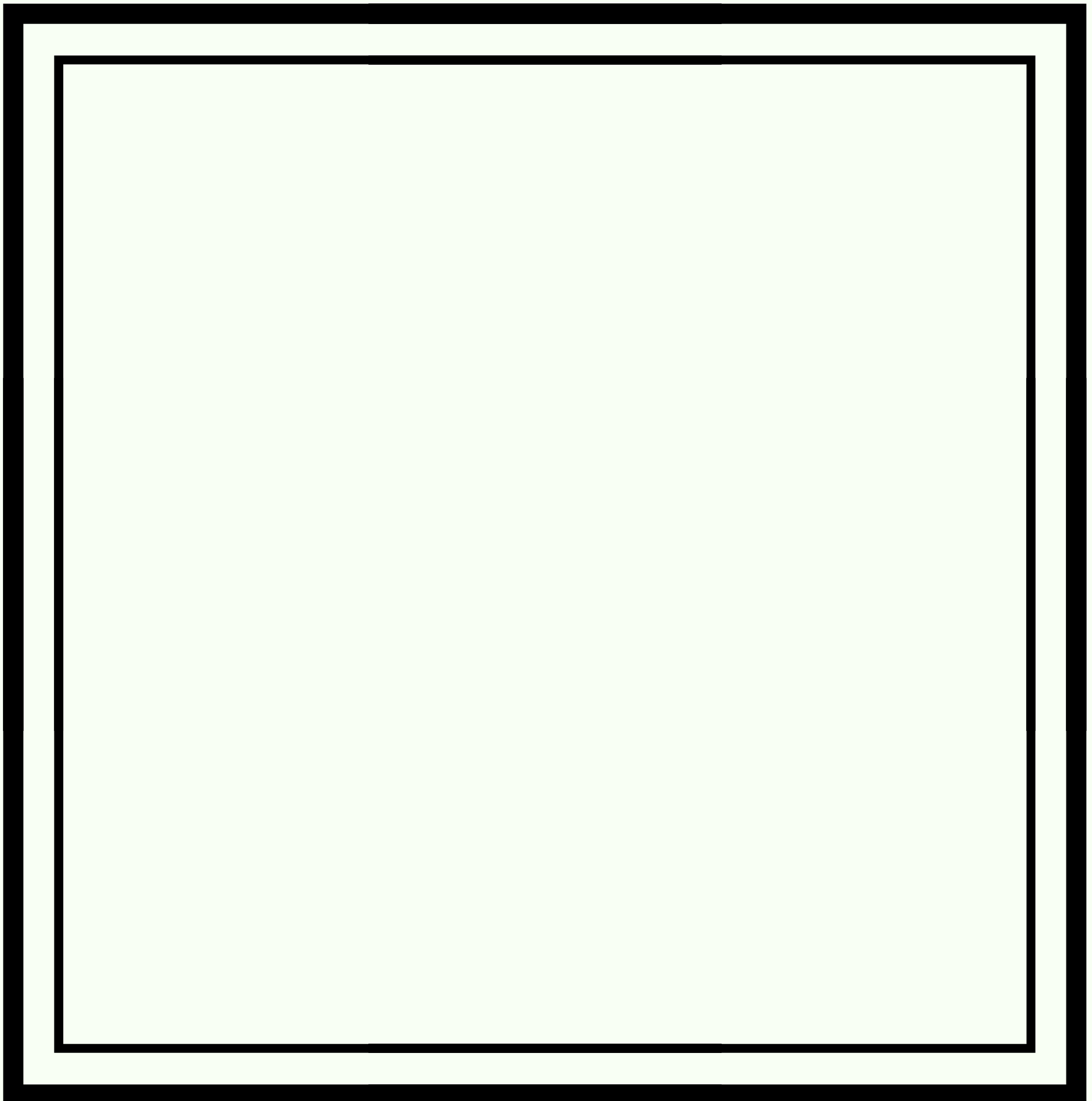
To my dearest daughter, as you grow older I want you to fly out like a free bird. Go forth and pursue all your dreams. Live life to the fullest and make sure that your happiness is second to none. And while you are at it, just remember that every time you need a hug, a chat or a place to call your own, I'm always here.

Love you.

My favorite picture of us:



The moment you were  
born I felt:



For you to know me better:



Favorite color:

Favorite food:

Best friend:

Favorite book:

Favorite movie:

Biggest hero:

Who you admire:

Favorite season:

Greatest fear:

Greatest accomplishment :

Favorite actor/actress:

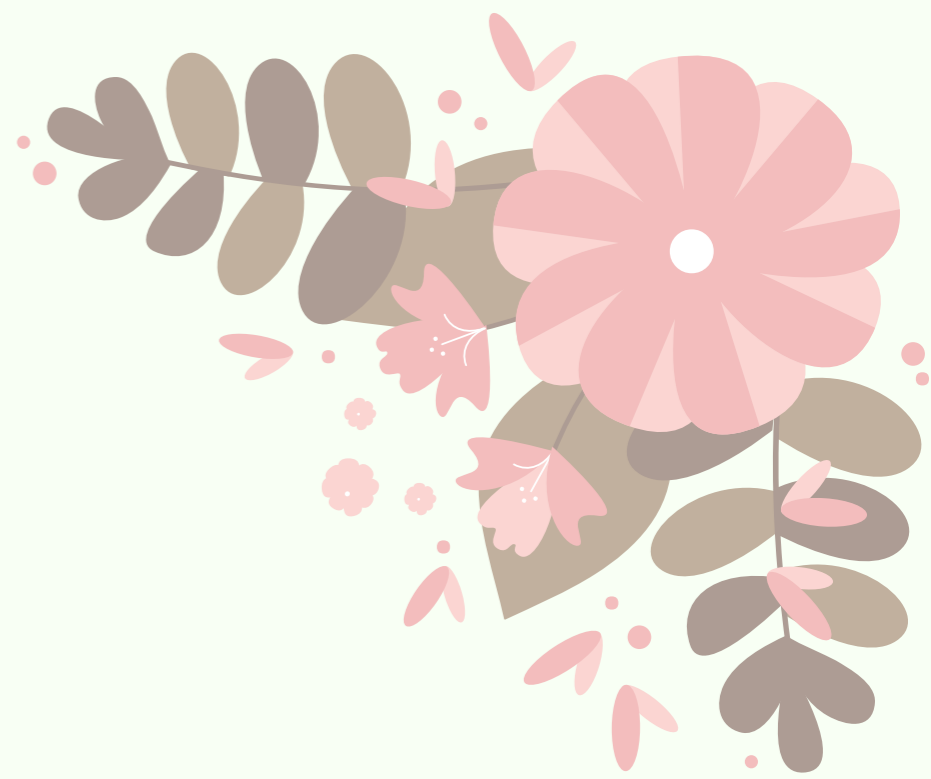
Favorite place:

What inspires you:

What makes you happy:

What makes you afraid:

What makes you feel loved:



For you to know me better:



Favorite color:

Favorite food:

Best friend:

Favorite book:

Favorite movie:

Biggest hero:

Who you admire:

Favorite season:

Greatest fear:

Greatest accomplishment :

Favorite actor/actress:

Favorite place:

What inspires you:

What makes you happy:

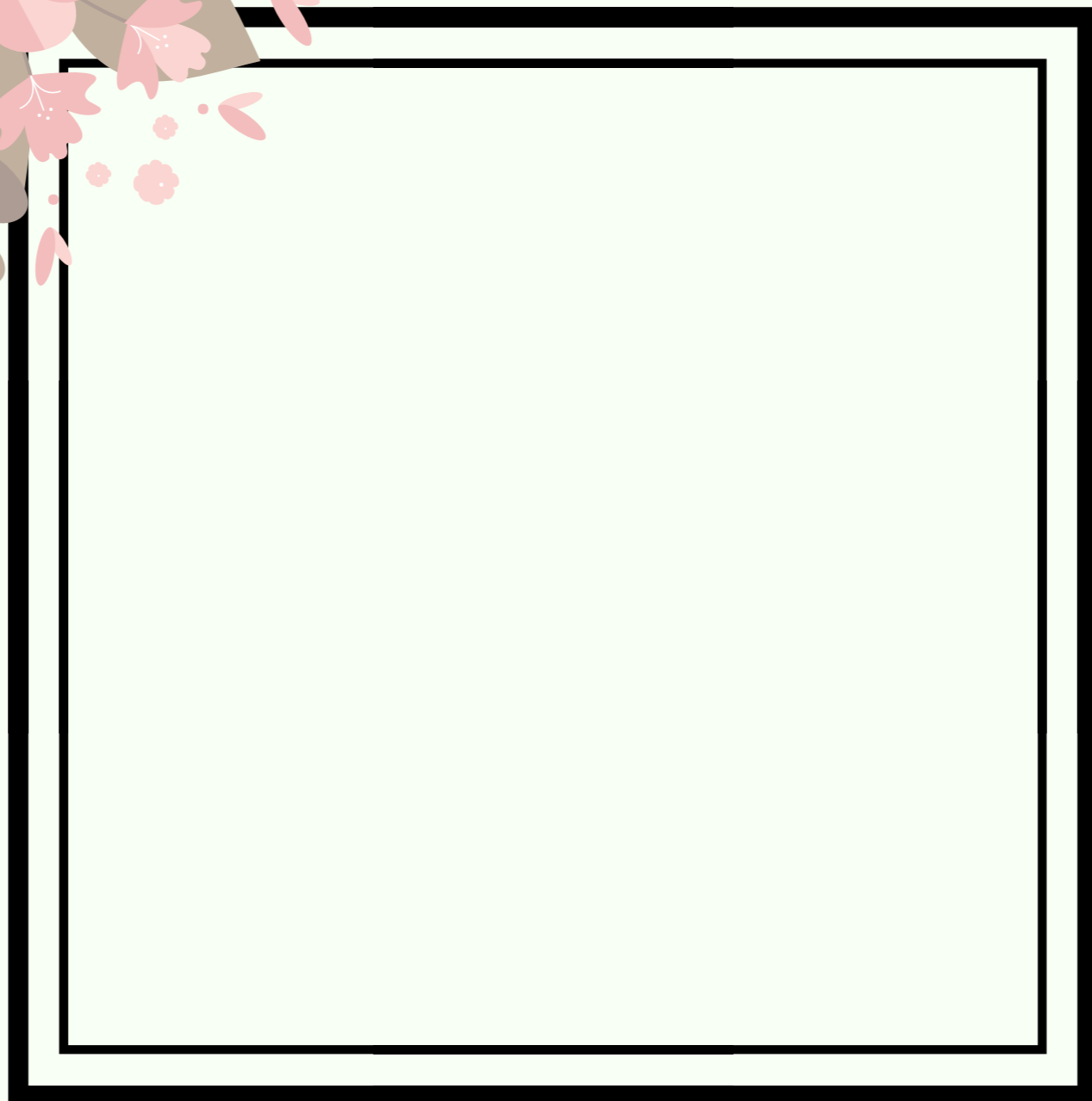
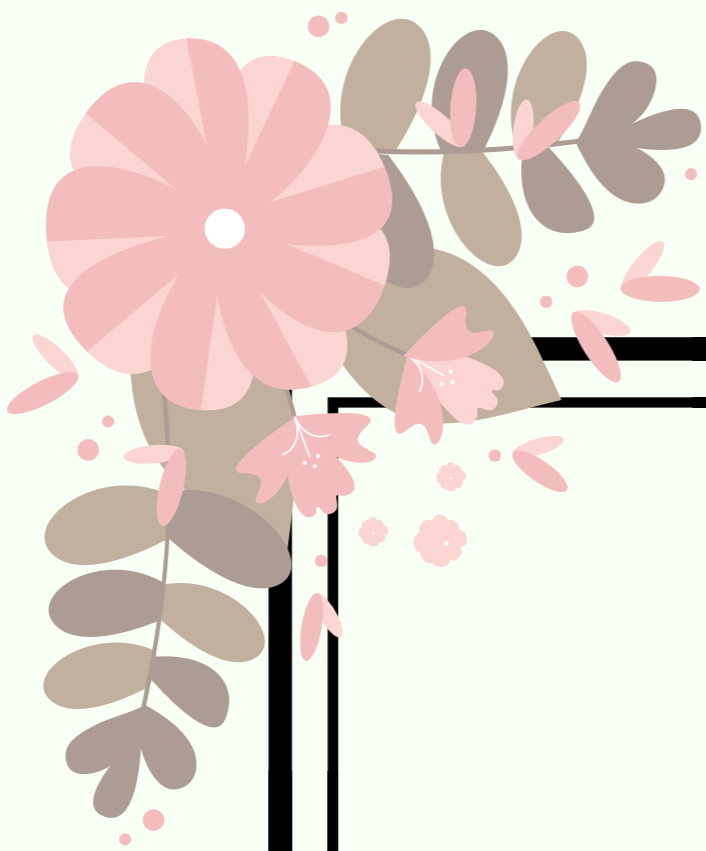
What makes you afraid:

What makes you feel loved:





A note to you from me:



When you smile, I feel like the sun is  
shining.

what's one thing you've  
always wanted to ask me:



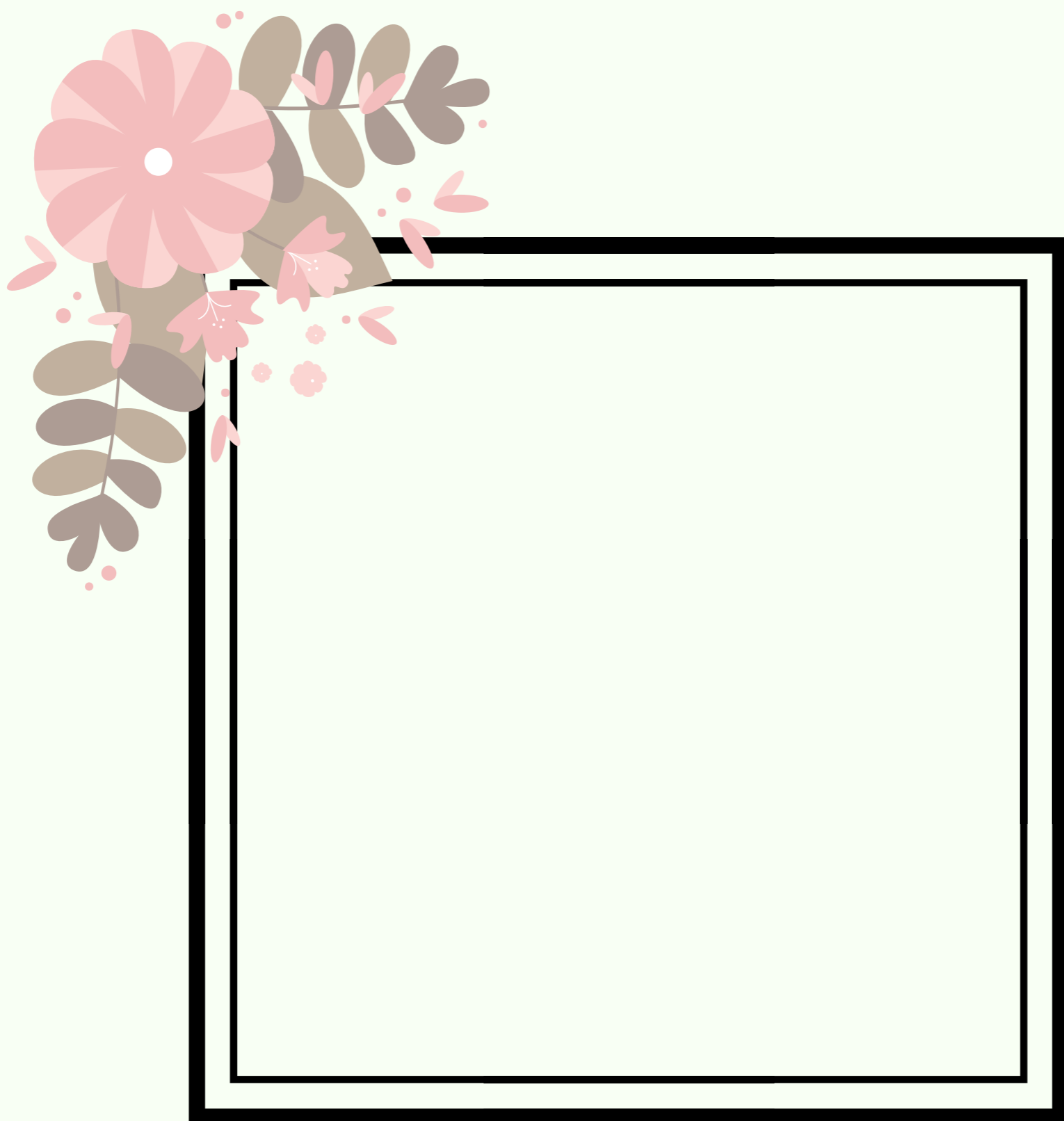
what stopped you from asking:



Let's talk about it:



A note from me to you:



Some things are forever

Something I've always  
wanted to ask you:



What stopped me from asking:



Let's talk about it:



# Our Bucket List



18 things we want to accomplish  
before your 18th birthday

1.

2.

3.

4.

5.

6.

7.

8.

9.

11.

12.

13.

14.

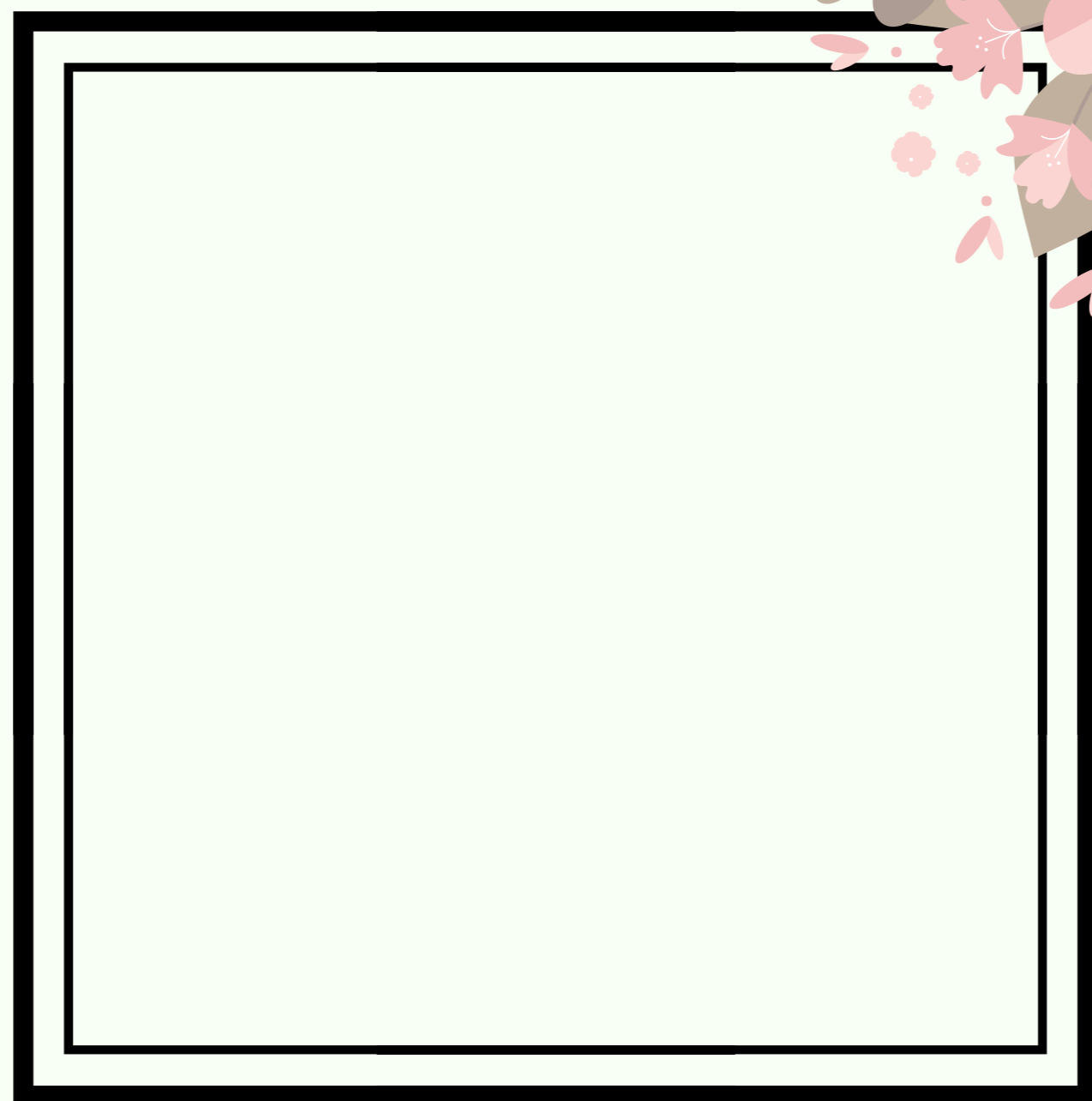
15.

16.

17.

18.

A note from you to me:



you make me smile



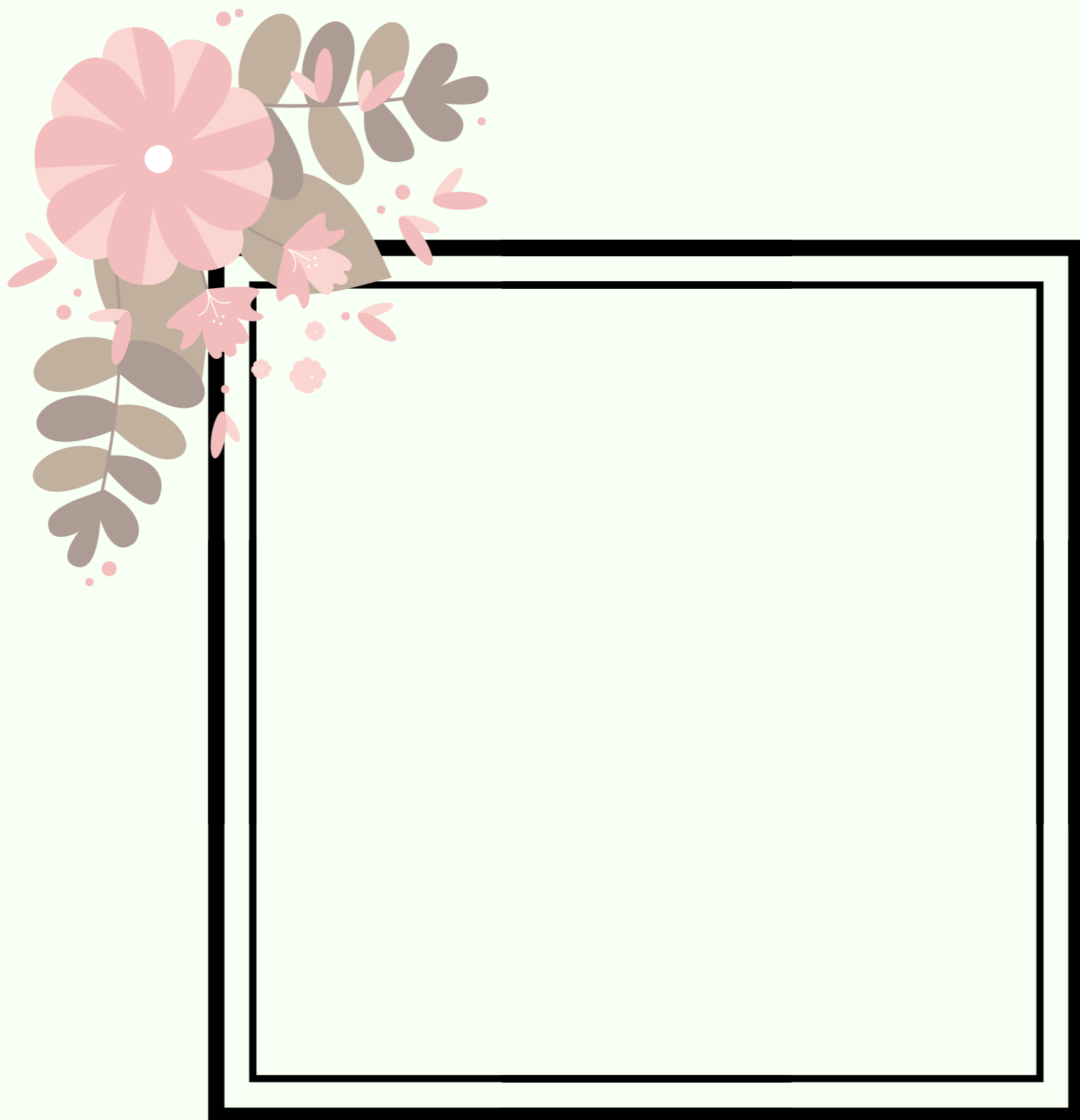
# your favorite quotes



what do you see yourself  
doing in 5 years?

what do you see yourself  
doing in 10 years?

A note from me to you:



A mother's treasure is her daughter

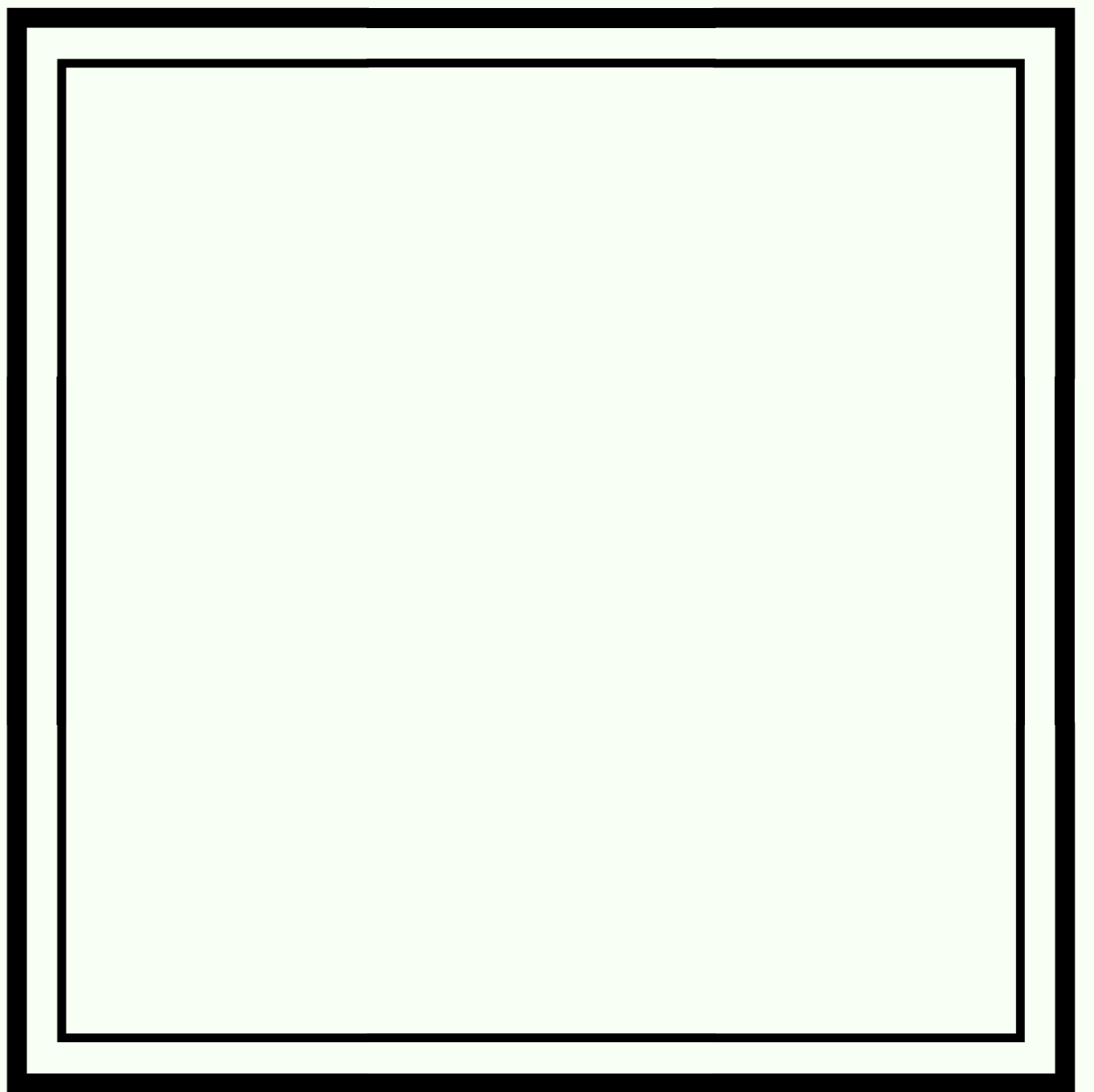
Daughter, I love you  
because:



Mom, I love you  
because:



My favorite day ever:



what I remember the most:

How would you like to celebrate  
graduation:



Mom's ideas:



# Random thoughts:



Date:

Date:

Date:

Date:

# Random questions:



Date:

Date:

Date:

Date:



Do you believe in  
soul mates  
and true love?

What do think about marriage?

Moms thoughts:



(Mark on the map)



Places we've been



Places we want to go



# Daughter

A new skill I would like to learn:

A new food I'd like to try:

I'm going to do better at:

My favorite holiday:

Things I do well:

I am different from you in that:

# Mother



A new skill I would like to learn:

A new food I'd like to try:

I'm going to do better at:

My favorite holiday:

Things I do well:

I am different from you in that:



My daughter... no one else will ever know how much I love you, not even you. At least not until you become a mother yourself.

